



The Blind Chef Bistro

Food by Maia

LUNCH SPECIALS

DINE IN OR TAKEAWAY - AVAILABLE 11:30AM TILL 2:00PM ONLY

ALL SERVED AS IS - NO ALTERATION

MEMBERS

VISITORS

CREAMY GARLIC PRAWNS GF

King prawns in a creamy white wine garlic sauce with steamed rice and salad garnish

\$16.90

\$18.90

CHICKEN & MUSHROOM CRÉPE

Chicken breast and mushroom in a light creamy sauce wrapped in a fresh crêpe served with chips and salad

\$16.90

\$18.90

ANGUS BEEF & BACON BURGER

Angus beef patty, bacon, tasty cheese, lettuce, tomato beetroot, caramelised onion and BBQ sauce on a toasted bun served with chips

\$16.90

\$18.90

THE BLIND CHEF PIE

Home-made pie of the day served with mash and seasonal vegetables

\$16.90

\$18.90

LUNCH STEAK OF THE DAY

Served with chips and salad

\$16.90

\$18.90

SEAFOOD BASKET

Deep-fried battered fish, prawn cutlets, calamari ring and seafood stick served with salad, chips, lemon and tartare sauce

\$16.90

\$18.90

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MEMBERS

VISITORS

ITALIAN MEATBALLS BOLOGNAISE

In a rich bolognese sauce served with linguine pasta and shaved parmesan cheese

\$16.90

\$18.90

FIVE STAR BURGER

Chicken breast schnitzel, bacon, cheese, lettuce, tomato and home-made sauce on a toasted bun served with chips

\$16.90

\$18.90

HOME-MADE RISsoles

With mash, seasonal vegetables and gravy

\$16.90

\$18.90

SPRING LINGUINE V

Linguine pasta tossed with garlic, chilli, cherry tomato, fresh garden vegetables, white wine and parmesan

\$16.90

\$18.90

Cardiff Bowling Club and The Blind Chef

Talk to us about your next function or special occasion



**Phone 0432 633 733 for all inquiries
or phone the club during bistro trading hours on
(02) 4954 7244 Option 3**

**OUR DELICIOUS DESSERTS AND COFFEE ARE ALSO AVAILABLE
PLEASE CHECK WITH OUR FRIENDLY STAFF**



The Blind Chef Bistro

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BISTRO MENU

DINE IN OR TAKEAWAY

STARTERS/ENTRÉES

	MEMBERS	VISITORS
BRUSCHETTA Onion, tomato, balsamic syrup topped with feta cheese	\$9	\$10
GARLIC BREAD	\$7	\$8
GARLIC & CHEESE BREAD	\$9	\$10
HOME MADE SPRING ROLLS V (2PCS) Served with sweet chilli dipping sauce	\$6	\$7
TEMPURA VEGETABLES V Lightly battered vegetables in tempura served with dipping sauce	\$10	\$11
CHICKEN & MUSHROOM ARANCINI Served with aioli and parmesan cheese	\$10	\$11
STEAMED PORK & CHIVE DUMPLINGS (4) Served with dipping sauce	\$10	\$11

MAINS

	MEMBERS	VISITORS
FILET MIGNON (Rare/Medium Rare/Medium) GF Served on a bed of creamy mash with mushrooms, honey carrot, greens and maître d' butter	\$36.90	\$38.90
NOLAN'S PREMIUM 300gram RUMP GF Cooked to your liking with chips and salad or mash and vegetables	\$27.90	\$29.90
NEW ENGLAND CRUMBED LAMB CUTLETS Served on a creamy mash potato, seasonal greens and gravy <i>Extra cutlet \$8</i>	\$27.90	\$29.90
SEAFOOD HOT PLATE <i>(contains chilli medium)</i> A combination of green prawns, squid, green-lipped mussels and fish pieces cooked in garlic and chilli served with toasted garlic fingers	\$29.90	\$31.90
FRESH BARRAMUNDI STEAK GF Seared to perfection and served with mash, vegetables and accompanied by Beurre Blanc sauce	\$27.90	\$29.90
UNCLE BOB'S GOLDEN BATTERED FISH'n'CHIPS Served with chips, salad, lemon and tartare sauce	\$21.90	\$23.90

MAINS continued

	MEMBERS	VISITORS
SALT & PEPPER SQUID <i>(GF also available on request)</i> Our own recipe of salt and pepper squid Served with chips, salad and sweet chilli sauce	\$21.90	\$23.90
PAD THAI <i>(Dinner ONLY)</i> GF Popular Thai noodle dish with king prawns, chicken, egg, shallots, tofu, bean sprouts and roasted peanuts <i>(Vegetarian options available)</i>	\$25.90	\$27.90
CHICKEN CAESAR SALAD Grilled chicken breast, cos lettuce, bacon, parmesan cheese, toasted sourdough and soft poached egg	\$21.90	\$23.90
LINGUINE CHILLI KING PRAWNS <i>(contains chilli mild)</i> Tossed with <i>al dente</i> pasta, white wine, chilli, garlic, cherry tomatoes, spinach, parsley and shaved parmesan cheese	\$25.90	\$27.90
LINGUINE BOSCAIOLA Smoked bacon, onion, mushroom, shallot cooked in cream sauce topped with shaved parmesan cheese	\$21.90	\$23.90
THAI BEEF SALAD GF <i>(contains chilli mild)</i> Barbecue marinated tender beef, tossed with lettuce, tomato, onion, cucumber, fresh Asian herbs, chef's dressing and crispy noodles	\$23.90	\$25.90
BANGKOK STYLE BBQ PORK Marinated pork fillet served with crispy noodles and apple salad served with chef's special sauce	\$21.90	\$23.90
CHICKEN SCHNITZEL Tender juicy crumbed chicken breast - served with chips and salad <i>(Add garlic prawns — \$10.00)</i> <i>(Add parmigiana — \$4.50)</i>	\$21.90	\$23.90
CHICKEN & LEMONGRASS STIRFRY <i>(Dinner ONLY)</i> GF Stir-fried chicken breast with lemongrass, mixed vegetables served with steamed jasmine rice	\$21.90	\$23.90
SATAY CHICKEN SKEWERS GF Grilled tender chicken skewers served with salad, steamed aromatic rice and delicious peanut sauce	\$21.90	\$23.90
BEEF NACHOS A zippy bowl of angus beef nachos, crispy toasted with cheese, guacamole, sour cream and tomato salsa	\$21.90	\$23.90

JUNIORS' (UNDER 12) AND SENIORS' MENU

CHICKEN NUGGETS & CHIPS	\$10	SPAGHETTI BOLOGNAISE	\$10
CHEESEBURGER & CHIPS	\$10	CHICKEN SCHNITZEL & CHIPS	\$10

SIDES

SWEET POTATO CHIPS	\$7	SALAD BOWL	\$5.5	GRAVY	\$2	PEPPERCORN	\$2
CHIPS	\$5	VEGETABLES	\$6.5	MUSHROOM	\$2	DIANE	\$2

SAUCES

THE BLIND CHEF BISTRO
(02) 4954 7244

Cardiff Bowling Club
175 Myall Road, Cardiff NSW 2285

theblindchef.com.au
f/theblindchef